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## 5 - My rights to support and assistance

### I am a victim of crime who do I contact for support and assistance?

You should contact any criminal police authority, the Public Prosecution Service or a victim support organisation.

### Victim support hotline

116 006 – Victim Support Hotline (9 a.m. to 9 p.m.)

112 – [National Emergency Number](#)

144 – Social Emergency Hotline

[808 24 24 24](#) – SNS 24 (NHS Hotline available 24 hours a day)

144 – National Social Emergency Hotline (available 24 hours a day)

300 502 502 – Social Security helpline

*Domestic violence:*

- [800 202 148](#) (available 24 hours a day)

- 3060 – SMS helpline

Children:

116 111 – SOS Child helpline

### Is victim support free?

Yes. Victims are entitled to free and confidential support services before, during and after criminal proceedings.

### What types of support can I receive from state services or authorities?

Medical support, psychological and social support, protection, legal information, emergency housing, shelter.

### What types of support can I receive from non-governmental organisations?

Emotional support, psychological support, legal information, social referral, and assistance with practical matters.

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