Your fundamental rights are protected in the EU at:

1. **National level** – by EU countries’ constitutional systems
2. **EU level** – by the **EU Charter of Fundamental Rights**.

The Charter: **brings together all the rights** (personal, civic, political, economic, social) enjoyed by people within the EU, in a single text **codifies** them as a series of **fundamental rights**

- **more recent rights**, such as data protection and good administration.
- For more details, see our [Charter app](https://www.charter4eu.org/).

**Bodies**

The following bodies can possibly help you with issues you think are infringing your fundamental rights:

1. **EU Court of Justice**
   
   You can bring a case before the Court if you believe an **EU legal act violates your fundamental rights** (as either an individual or organisation). Under certain conditions, the Court can annul such an act.

2. **European Court of Human Rights (Council of Europe)**
   
   You can bring a case before the Court if you believe an EU country has violated a fundamental right protected by the [European Convention of Human Rights](https://www.coe.int/en/web/conventions/full-list/-/convention-41).

   **Check whether your complaint is admissible**

   The court interprets the Convention https://www.coe.int/en/web/human-rights-convention/ – not an EU instrument, but one that is binding on all EU countries.

3. **Fundamental Rights Agency**

   The [EU Agency for Fundamental Rights](https://france.aefi.eu/) provides assistance and expertise on fundamental rights to EU institutions and EU member governments when they implement EU law.

   It collects and publishes data on how these rights are observed in all EU countries, within the scope of EU law.

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